

















Rosh Hashanah Takeaway

Things you can do in your home as a family

-  Make honey cakes as a family and deliver them to friends and family. Another variation is to bake honey cake cupcakes (recipe included). This symbolizes a sweet new year.
-  Make challah, and watch YouTube videos for all the neat ways you can braid a round challah.
-  Involve the entire family in getting ready for the holidays (setting the table, cleaning the house, cooking the food, etc.) This shows that we are building towards something and that changes are taking place.
-  Have an apple tasting where you buy or pick a lot of different kinds of apples and try them all. Another version of this is using different kinds of local honey.
-  Go apple picking and use the apples in Rosh Hashanah recipes.
-  Try a new fruit at Rosh Hashanah and create a blessing that goes along with it. For example: eating a peach and hoping for a peachy year!
-  Print out Rosh Hashanah coloring pages.
-  Create New Year's cards to be sent to friends and family.
-  Decorate a special plate that becomes your Rosh Hashanah plate that you eat off of every year. This could be made at home or at a paint your own pottery place.
-  Hang a chalk board and each week ask a different question on it about the holiday. Everyone in the family can either write their answer or draw their answer. For example: Draw your favorite thing about Rosh Hashanah, or, what is something you want to do better in the next year?
-  Buy special clothes for the holidays. This signals these holidays are so important that we wear new clothes.
-  Read books that contain Rosh Hashanah themes: new year, ways we've missed the mark in the past year, *teshuvah* (turning) and ways we want to improve in the year to come, saying I'm sorry, etc.
-  Practice/Learn to blow the shofar.
-  Bake a birthday cake for the world.
-  Write or draw pictures of things that are not nice, and throw them away, symbolizing *tashlich*. You can also write with washable markers and put the paper in water and watch the words/pictures disappear.
-  Write a letter to yourself about ways you hope to be better in the coming year, and read it again one year from that day.