

Yom Kippur Takeaway

Things you can do in your home as a family

- ✧ Deliver honey cakes or honey cake cupcakes to family and friends.
- ✧ Glue a shofar cut out around a birthday blower. Decorate for Yom Kippur.
- ✧ Call a friend or family member and ask for forgiveness for anything you have done in the past year to upset them. Have your kids watch you do this, and then encourage them to do the same thing with their friends and family.
- ✧ Have a conversation about asking for forgiveness and how difficult it can be. Ask them if they need to ask for forgiveness from a parent, teacher, friend, sibling, etc.
- ✧ Even if you and/or your children are not fasting on Yom Kippur, have everyone pick something they will give up. For example: this year I'm not going to eat any sweets on Yom Kippur, or this year I'm not going to eat until I come home from shul.
- ✧ After break-fast, put the first nail into the sukkah.
- ✧ Write "I'm sorry" notes that can be put into lunch boxes, backpacks, etc.